



# Yarrow

**Parts Used:** Leaf, Flowers and Root

**Medicinal Preparations:** Tea, tincture, infused oil, salve, compress, poultice, sitz baths, Steams, Incense

**Herbal Actions:**

- Antiviral
- Astringent
- Antiseptic
- Antimicrobial
- Anodyne (pain relieving)
- Carminative
- Diuretic
- Inflammation Modulator
- Relaxing Diaphoretic
- Styptic
- Vulnerary (promotes wound healing)